



# THE SDM PROPHET

MARCH 24<sup>TH</sup> – APRIL 4<sup>TH</sup>

## 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>24</p>  <p>Pokemon Go...</p> <p>Monster Blow Painting</p>	<p>25</p> <p>Dodgeball @ Georgia O'Keeffe</p>  <p>DIY Stress Balls</p>	<p>26</p> <p>Blacklight Dance Party</p>  <p>Knitting For Beginners</p>	<p>27</p> <p>Foodie Thursday: Soup Day</p> 	<p>28</p> <p>Group Juggling</p>  <p>Magic Paper Towels</p> 
<p>31</p> <p>Bubble Rumble</p> <p>Fairy Dust Painting</p> 	<p>1</p> <p>4 Square</p>  <p>Fridge Magnets</p>	<p>2</p> <p>Volleyball</p>  <p>Melty Bead Project</p> 	<p>3</p> <p>Foodie Thursday: Chocolate Covered Bananas</p> 	<p>4</p> <p>Bridge Tag</p>  <p>Older Kid Meeting</p>

### Helpful Information

Site Phone: 615-5058    Office Phone: 296-2880

Site Email: [sombradelmonte@childrens-choice.org](mailto:sombradelmonte@childrens-choice.org)

Financial Assistance Available: 841-4800



# Really Important Reminders

- SUMMER REGISTRATION IS OPEN! It is filling up fast, so sign up NOW on your parent portal, and email Hunter with any registration issues:  
welcome@childrens-choice.org
- The dodgeball tournament will continue in April. Next game: at GOK (11701 San Victorio Ave NE) on Tuesday the 25<sup>th</sup> – back by 6!**
- Please check out the Lost and Found area! It is to the left as soon as you walk in the cafeteria. Jackets are taking over the wall, and we're not sure how long the wall can hang on!
- Our spring Family Night on Tuesday April 8<sup>th</sup> is going to be egg-cellent! We're going to play games, and we will be grilling burgers and hot dogs.**

## Yer a Wizard,

Do you like Pokémon?

"My name is Ezra. I am 6 years old."

"You can catch Pokémon, and you can train them. You can train them to fight and to help. If you catch a rare one, they have 100 health, and they fight better."

"Bulbasaur is my favorite and Squirtle. He is green, and I like that he is green because he has vine power, and my favorite color is green."

"I like Squirtle because he is a turtle, and I like turtles. My nickname is Turtle."

"I don't like big Pokémon I can't catch because they are so hard to catch that you need a master ball!"



## Scribble Loops

**"We're scribbling inside of scribbles!" Cassidy, 6**  
Art is art. It never needs to be perfect because it never needs to be anything, right? Right! Tammy and the kids are taking scribbles and turning them into something magical!

**"How do you scribble so good?" Bobby, 7**

The kids were in awe of each other's scribbling abilities, and no one was gatekeeping their methods.

**"Fat loops with markers and skinny loops with colored pencils." Marcel, 6**

Everyone was SO excited about their talents.

**"I knew it! It looks random but also like fancy loops." Marcel, 6**

**"Mine looks like a storm." Cassidy, 6**

The final products cast a spell on us, but the laughs along the way really created the magic.

**"If you don't want to laugh, don't pay attention to me!" Bobby, 7**



## Hiking in the Foothills

**"We're just following the trails." Nano, 7**

That is exactly what hiking is, Nano! You follow this trail or that trail, and sometimes there's an end point, but there is no spell in real life to skip the walk back.

**"You lean back when you're going down so you don't do a front roll and break your neck." Bobby, 7**

When you find yourself hiking downhill, you can follow Bobby's advice if you are a little scared like some of the kids were.

When you hike with friends, it's like a charm - there's always someone there to help you out and to listen to your jokes!

**"Hiking rocks! I made that joke up myself, and I say it every time I'm hiking." Marcel, 6**

We found some HUGE houses on our hike, and Sebastian was asking the real questions about living in those castle-like houses.

**"People live up here? How do they go to the supermarket??" Sebastian, 6**

Before we finished our hike, we were lucky enough to see 3 deer! It was just like magic...

**"They're kind of camouflage. It's the same color as their skin!" Sebastian, 6**

## Calming Potions

Madison noticed that the kids have been extra rowdy and filled with chaotic energy. She wanted to create an activity that would promote a more chill, more calm energy.

**“When you shake the potion, the glitter gets mixed up.” Naomi, 6**

When anything changes around the kids (the weather, a new sibling, the season, having a sub, not getting enough sleep one night), it is just like shaking them up – they get all mixed up too.

**“My favorite part was using all the glitter. I used green glitter, pink glitter, silver glitter, all the glitter! My worst favorite part was touching it because it felt like a gooey nightmare.” Marcel, 6**

They are feeling so much at one time, and they have not yet figured out how to manage all their feelings at one time. It feels good, and it feels like a nightmare sometimes!

**“My potion is so pretty.” JJ, 6**

Madison knows all this, so she set the kids up for success. She calmed down the environment by removing distractions. She calmed her tone and tried to keep a slower pace during potion making. Little steps allowed the kids to dump glitter, shake things up, and make a mess!



## An Older Kids Adventure

**“We’re here at McDonald's to eat the healthiest and unhealthiest food. I feel like the unhealthiest at most restaurants is always most likely the best tasting one because they want to trick people into getting the most expensive and tasty one!” Zack, 10**

**“We’re here to see which one tastes better. I think the healthiest one will taste better!” Alex, 62**

**“The unhealthy one will make you feel bad because there's lots of stuff in it that could make you fat. It can make your body feel overwhelmed.” Cass, 10**

**“I don't like apples. I'm eating the apples because we're getting the healthiest and unhealthiest.” Alaysia, 10**

**“We’re learning about how it makes our bodies feel when we eat healthy and unhealthy.” Jordynn, 2**

**“I like my burgers plain, but I'm going to eat this one with all the stuff because I'm so hungry. It's probably more unhealthy because of all the ingredients.” Maddox, 10**

